Botanical Gardens: Christchurch
Odyssey House Christchurch
Impact Of Stigma

Many clients receiving methadone treatment feel marginalised and some go to extraordinary lengths to keep their treatment status a secret

(Murphy & Irwin 1992)
Changing counsellors makes it hard to trust

(Woman participant)

My previous case manager had the same goals as me but my new one is different

(Male participant)

(Deering et al 2012)
The process of recovery is characterised by voluntarily sustained control over substance use which maximises health and well-being and participation in the rights, roles and responsibilities of society.
Abstinent Or Not

• Well just not living life without using illegal drugs all the time basically - Yeah I view recovery in the fact that I’m not using any illicit drugs but the fact is I still have an opiate addiction, although it is to methadone...is that classed as recovered if you haven’t used intravenous drugs for the last 15 years?

  woman

• I’ve either seen myself as using or not using - times I am not using, I suppose could say was in recovery

  man