Announcing ACN’s 2015 grants and awards winners

A year after a bush-fire and post-traumatic stress disorder

New Collegian editors announced

ACN’s 2013/2014 key milestones
Welcome from the President
Carmen Morgan

Healthy Eating and Breast Cancer

Snap-shot
Health care updates

Member update

ENL update
Announcing ACN's 2015 Emerging Nurse Leaders

Feature
ACN’s 2013/2014 key milestones

Policy
Nurse's self care

Feature
A year after a bush-fire

Feature
Let's all just admit it

Events
ACN welcomes delegates to Adelaide

Feature
New Collegian editors announced

Nursing and Midwifery Board of Australia update

Corporate partner profile
ACN welcomes corporate partner HESTA

Advertorial
Defence Force Recruiting
Welcome from the President

The Australian College of Nursing (ACN) is pleased to deliver the October edition of NurseClick to you.

Our focus this month is the importance of self care for nurses. Our Policy team has written about the importance of nurses and their managers recognising stress and burnout. The effects of stress and burnout are widely acknowledged in the health care sector. However, more effort needs to be put in place to make sure nurses have the resources and support to recognise and deal with stress and burnout in a timely manner.

Laurie Bickhoff MACN has written about the difficulty in ‘practicing what you preach’ in nursing and looking after yourself. Nursing is a gruelling but rewarding career and it’s important to look after yourself, both mentally and physically to be able to perform at your best and provide the best care to our patients.

The 2015 Emerging Nurse Leader (ENL) recipients have been announced and are profiled here. Additionally, this year’s ACN Grants and Awards winners have been announced. Congratulations to all winners.

In this edition you can also find ACN’s key milestones for the 2013/2014 financial year. We’re all very proud of how ACN is progressing and we’re looking forward to the years ahead as ACN continues to grow.

Finally, this weekend ACN will be in Adelaide for the National Nursing Forum 2014. We look forward to providing our delegates with an opportunity to hear educational and motivational presentations as well as network with like-minded colleagues.
Nurses call on governments to create safe workplaces for the care of Ebola patients

Nurses, at a high-level nursing summit, held 27-28 October, on “Nursing and the Ebola Virus” organised by the International Council of Nurses and the Spanish Nursing Council, called for governments to create safe working environments for health care professionals as a prerequisite to the provision of care to patients with Ebola.

“Nurses are central to dealing with this crisis and simultaneously at great risk,” said David Benton, ICN’s Chief Executive Officer. “Training of nurses and the establishment of protocols for care of patients with Ebola have thus far been fragmented. This meeting will ensure that we get the full picture from those who know what is needed. Only then can we set clear guidelines for nurses and ensure that patients receive the quality care they require in a safe and protected environment.”

Nurses are among the people at highest risk of getting infected with Ebola. According to the World Health Organization, a total of 443 health-care workers are known to have been infected and 244 have died. Ebola infections among healthcare workers can have devastating effects on health systems, including closure of hospitals, depletion of the much-needed healthcare workforce and distrust in the health system.

More information can be found on www.icn.ch/news/ebola/

ANMAC Accreditation Committee Members Required

The Australian Nursing and Midwifery Accreditation Council (ANMAC) is seeking members for the following Committee vacancies:

- **Registered Nurse Accreditation Committee**
  - Academic expert

- **Enrolled Nurse Accreditation Committee**
  - A senior education expert (with particular skills, knowledge and experience in curriculum development)

- **Nurse Practitioner Accreditation Committee**
  - Academic expert

These Committees have a key role in the governance structure for the ANMAC accreditation functions. Their purpose is to review the outcomes of assessments undertaken by ANMAC assessment teams in relation to nursing and midwifery education programs leading to registration or endorsements in Australia and making recommendations to ANMAC in relation to the accreditation determination, any conditions and the reporting requirements for monitoring purposes.

If you are interested in being part of the national accreditation scheme please send an expression of interest, a resume of qualifications and experience and the names and contact details of two referees to Alison Sette Alison.sette@anmac.org.au by 14 November 2014.

New healthy eating and breast cancer booklet

Breast Cancer Network Australia (BCNA) has produced a new booklet to help women diagnosed with breast cancer maintain a healthy diet, both during and after treatment.

BCNA’s new *Healthy eating and breast cancer booklet* has been developed in consultation with dieticians and other health professionals. It explains the benefits of eating well after a breast cancer diagnosis and includes practical tips to help women maintain a healthy diet over time.

Maintaining a healthy diet can be difficult at the best of times, but it can be especially challenging for those who are having treatment for breast cancer and not feeling well.

Find more information [here](#).

The latest from the Australian Institute of Health and Welfare

- Participation in breast screening program remains steady in target age group
  READ MORE HERE >>>

- Elective surgery waiting times stable as more patients admitted
  READ MORE HERE >>>

- More emergency department patients ‘seen on time’
  READ MORE HERE >>>

- Over a third of all deaths caused by cardiovascular disease, diabetes, and chronic kidney disease
  READ MORE HERE >>>

Over a third of all deaths caused by cardiovascular disease, diabetes, and chronic kidney disease

READ MORE HERE >>>

We know nursing talent.

FIND OUT MORE >
Announcing the 2015 Emerging Nurse Leaders

ACN is pleased to announce the winners of the 2015 Emerging Nurse Leader (ENL) program.

These outstanding individuals undertook a rigorous selection process and succeeded within a highly competitive field of national applicants.

In their written applications and interviews, each ENL demonstrated compelling evidence of their leadership potential and passionately described their vision for the advancement of the nursing profession in Australia.

We congratulate them on their success in being selected into the ENL program, and look forward to their ongoing leadership development and future contribution to ACN and the nursing profession.

We also thank the members of the review panel who performed the difficult task of selecting this year’s ENLs from such a strong field of applicants.

Profiles of each ENL will be featured in the upcoming edition of *The Hive*.

The ACN Emerging Nurse Leader Program is a three year program of professional development to support the recognition and development of leadership skills in early career nurses.

“...each ENL demonstrated compelling evidence of their leadership potential and passionately described their vision for the advancement of the nursing profession in Australia.”
The 2013/2014 financial year saw the continuation of significant revitalisation of ACN operational activities. The past 12 months also saw ACN embark upon a period of strategic repositioning - from a nursing organisation trying to accommodate the needs and wants of the entire profession to a nursing organisation for nurse leaders, both current and future.
ACN is proud to announce their new corporate partner HESTA

HESTA is a proud new corporate partner of ACN and we are committed to supporting ACN members. At HESTA, we’re passionate about helping members reach their retirement goals. After all, we’ve had more than 25 years of experience in the health and community services sector.

Led by CEO, Anne-Marie Corboy, our role is to inform you about your options — so you can build a better retirement savings balance, whether you’re 25 or 65.

HESTA now has more than 785,000 members, 155,000 employers and more than $29 billion in assets.

HESTA’s size means we can offer many benefits to members and employers. These include: low fees, fully portable accounts, easy administration, access to low-cost income protection and death insurance, limited financial advice (at no extra cost), super education sessions and transition to retirement options.

HESTA members also have access to a range of great value products and services including health insurance, banking and financial planning.

We deliver our financial education and advice services in easy-to-understand language, using real-life examples.

We are at the forefront of super innovation. HESTA was the first major super fund in Australia to introduce a sustainable investment option — Eco Pool — and assess fund managers on their after-tax investment returns.

We are proud to support those working in health and community services through the HESTA Awards program. Our nationally-run program recognises outstanding graduates, individuals and teams who demonstrate innovation and leadership in their field.

HESTA is the gold sponsor of the 2014 National Nursing Forum so be sure to say hello to our team at the HESTA booth. We’d be happy to answer any questions you have about your super.

For more information visit hesta.com.au or call us on 1800 813 327.

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THE NATIONAL NURSING FORUM: ACN WELCOMES DELEGATES TO ADELAIDE

On Sunday, ACN will welcome delegates to Adelaide for The National Nursing Forum. Now in its second year, the Forum will afford delegates the opportunity to hear from engaging keynote, invited and concurrent speakers, gain practical advice and tools from workshop sessions and network with colleagues from around Australia. The extensive program will support the Forum theme, *Staying ahead of the game*, by questioning how we, as individuals, can continue to grow, develop and support each other in a time of significant health care reform.

At the Forum, we will be encouraging delegates to get involved in the debate and discussion through interactive Q&A sessions using Pigeonhole Live. You will be able to use your mobile device to post questions to speakers and vote for your favourite questions. Look for the Pigeon logo in the Forum program to see which sessions will use Pigeonhole Live.

**FASHIONS ON THE FIELD DINNER**

Don’t forget your frocks, fascinators and ties for the Melbourne Cup inspired evening with special guest speaker and culinary icon Maggie Beer. There will be prizes for best dressed and best hat or fascinator, along with an awards presentation and guest DJ. The Fashions on the Field Dinner will commence with pre-dinner drinks at 6.30pm. It will be a night not to be missed!

**TRADE EXHIBITION**

There are a range of exciting organisations exhibiting at the Forum, take a look at the Forum program to find out who you will see there. The trade exhibition will be open during all catering breaks in Hall G. Go in the running to win a Maggie Beer Hamper by visiting all our exhibitors and completing the exhibitor trade passport you will receive onsite.

We look forward to seeing delegates in Adelaide!

Join the Forum conversation
facebook.com/acnursing
#ACNForum14
New **Collegian** Editors announced

**New Editor-in-Chief of Collegian appointed**

ACN is pleased to announce the appointment of Professor Lisa McKenna FACN to the position of Editor-in-Chief of **Collegian**: The Australian Journal of Nursing Practice, Scholarship and Research. Professor McKenna will commence the role with the first issue of 2015 for an initial term of three years.

Professor McKenna is the Head of Campus for the School of Nursing and Midwifery and Director of Academic Programs (International), Faculty of Medicine, Nursing and Health Sciences at Monash University. She brings a wealth of experience and expertise to the journal and has been published extensively in national and international journals in nursing, midwifery and health professional areas.

Professor McKenna will be supported by the **Collegian** Editorial Board, Editors and Editorial Assistant in continuing the journal’s relevance to the discipline and profession of nursing nationally, increasing its standing internationally and its global ranking.

**Appointment of three new Editors – Collegian**

ACN is also pleased to announce the appointment of three new Editors to **Collegian**. This increases the number of editors supporting the Editor-in-Chief to seven.

**Welcome to:**
- Associate Professor Jennifer Newton FACN
- Dr Melissa Bloomer FACN
- Professor Tracey McDonald AM FACN

**Farewell and thank you**

It is with much regret that we farewell two of our long standing Editorial team members, Professor John Daly FACN – outgoing Editor-in-Chief and Professor Kim Usher FACN – outgoing Editor, who throughout their terms have ensured that **Collegian** has continued to demonstrate its relevance to the discipline and profession of nursing nationally, increased its standing internationally and made pleasing increases in its global ranking. Their contribution to that growth and development is acknowledged with appreciation and gratitude.

ACN wishes them both all the very best.
Nursing and Midwifery Board of Australia (National Board) Registered nurse standards for practice review project status update

In April 2014, the Australian Health Practitioner Regulation Agency (AHPRA) on behalf of the National Board contracted Southern Cross University (SCU) to manage a review of the Registered nurse standards for practice (incorporating a review of the current NMBA national competency standards for the registered nurse, 2006).

Due to the many changes in role and scope of practice of registered nurses (RNs) across Australia, the National Board prioritised the RN standards for practice review for 2014-2015.

The project is now well underway with the background literature research and analysis complete, and the observations of RNs in a wide variety of practice settings throughout all of Australia commencing at the end of August 2014. The results from these real-time observations of RNs in urban, rural, regional and remote areas of Australia are being mapped against the current national RN competency standards, to identify any differences or gaps and confirm any indicators that are still relevant. These observations are taking place in aged care, mental health, acute care, tertiary hospitals, rehabilitation, disability, community and general practice, and are already complete in a couple of states, with all due to be finished by end of November 2014.

The project team at SCU will then review all the results of the research and observations phase, to draft the first set of revised RN standards for practice for consultation. Initial review of the first draft of standards will take place early 2015, then will be released publicly in May 2015.

Any queries in the interim, please email: nmbafeedback@ahpra.gov.au

Consultation update

The National Board is releasing two public consultation papers; the review of the registration standard endorsement as a nurse practitioner and the review of the registration standard for endorsement for scheduled medicine for an eligible midwife. The consultation papers will be available soon on the news page of our website.

The current standards are available under Registration standards on the National Board website.

Your feedback is important to the National Board. Please give us your feedback when the public consultations are published under Current consultations on the National Board website.

We also encourage you to share this information with people who might be interested, so they can send us feedback once the consultations are published.

Call for applications for appointment to the Nursing and Midwifery Board of Australia

Applications are now sought for appointments to upcoming vacancies for chairs (from practitioner members), practitioner members and community members.

More information about these vacancies, including application forms, is available on the AHPRA website.

Applications close by 5.00pm AEDT on Wednesday 12 November 2014.

For more information

Visit www.nursingmidwiferyboard.gov.au under Contact us to lodge an online enquiry form

For registration enquiries: 1300 419 495 (within Australia) +61 3 8708 9001 (overseas callers)

For media enquiries: (03) 8708 9200
Defence Force Recruiting

In any environment, health care is a challenge but during military operations that challenge can take on a new perspective. As a Nursing Officer in the Australian Army, Tess Demunk plays a vital role in the ongoing health and welfare of people in the Army.

“I joined the Army because I wanted to do something different with my nursing. I’m interested in trauma nursing and obviously the Army is a great place to go for that. It’s also a great opportunity to ‘give something back’; you can care for the soldiers out there protecting us and our country,” Tess said.

“I completed the Defence University Sponsorship (DUS) through Monash University. It is a fantastic scheme that allowed me to study at university as a full time student and get paid by the Army while doing that.”

With a career in the Army, Tess has enjoyed the sort of variety, challenges and travel that a civilian nurse would never have the opportunity to experience.

“Deployments are a big opportunity. Nursing overseas and being able to look after a lot of trauma injuries are two of the main reasons I joined the Army. There is a lot of primary healthcare stuff that we do as well, but the reason that most people join is to do nursing in the field and on deployment,” Tess said.

“In the Army you get free healthcare, free dental and all the things that go along with that. The mates you make along the way, the courses that you get to do, and the opportunities for deployment and the field exercises are other benefits.”

Nursing Officers are employed across a range of clinical, clinical management and broader health management duties. The Army has built a solid reputation based on the core values of courage, initiative, respect and teamwork.

The Army is currently recruiting for its 2014/2015 intake. For further information on military training in the Army and careers in the Navy, Army or Air Force go to:

www.defencejobs.gov.au or call 13 19 01.