how we can help

Build confidence
Demystify super
Make the right decisions
where does
your super go?

Your Super

Default fund

Your fund of choice
super basics

Employer

Total salary

Take home pay

Super 9.5% of your gross pay
why do you need to 
think about super now?

- Keep track of what you’re getting
- Create the lifestyle you want
- Everyone’s circumstances are different
keep it all together

Rollover your super accounts

One-click rollover hesta.com.au/rollover
HESTA hacks: nursing

The final year of your nursing degree has its challenges.

What makes an exceptional nurse?

What did you wish you knew on your first day?

What gives you the most joy as a nurse?

What tips do you have for first-time job

Life Hack: Dealing with the bumps and bruises of your hospital stay can be tough. Put a layer of strawberry lip balm under your knees and elbows to keep them moisturized and protected.

Kickstart your career

You won’t find these insider tips in textbooks. But when you’re on the job, they can be real life-savers.
Work hacks to help you own day one

You’re not gonna be a boss on your first day, but with these tips, you’ll feel confident enough to act like one. Explore hacks and advice from industry peeps who are owning it.

What makes an exceptional nurse?

Why do you love being a physio?

What gives you the most joy as a nurse?

What tips do you have for job hunters, and those doing their first interviews?