



## Objectives

The ACN *Career Coaching* initiative has been developed to provide support and guidance to the next generation of nurse leaders as they embark on their careers. The program will provide undergraduate nursing students with direct access to dynamic, high calibre nurses and allows coaches to gain fulfilment and recognition by giving back to the nursing profession. This exceptional opportunity is offered exclusively to ACN members.

## Participants

### *Career Coaches*

ACN encourages all members, from early career nurses through to nurses with a wealth of experience, to share their knowledge and insights by becoming ACN *Career Coaches*.

### *Undergraduate students*

Career coaching is offered to pre-registration RN and EN students as part of ACN's *Undergraduate Membership* option. ACN will strategically pair students and coaches based on participant locations, experiences, aspirations and preferred delivery formats.

## Selection

Prospective participants are required to submit an expression of interest, outlining their suitability and interest in the *Career Coaching* initiative. Following review by ACN, applicants will be informed of the outcome of their applications via email and asked to complete an electronic form providing contact details and communication preferences.

## Delivery

To cater for the demanding schedules of participants, the *Career Coaching* initiative is designed to be delivered in a flexible format. Coaches and students are encouraged to agree on a preferred delivery format, such as face-to-face meetings, Skype sessions, phone calls or emails.

Coaching sessions are expected to be intuitive and customised to suit each student's specific needs, skills and challenges. Possible discussion topics may include:

- Career pathways
- Interview skills
- Resume writing
- Overcoming fears and limiting beliefs
- Setting career goals
- Dealing with conflict
- Time management
- Emotional resilience and self-care.

## Expectations

The *Career Coaching* initiative is intended to facilitate a collegial experience between a coach and student, independently from ACN. Coaches are given the opportunity to volunteer their time in order to give back to and support the profession of nursing and will not receive financial remuneration.

Participants must agree to make a minimum time commitment of two one-hour sessions, to be conducted within a six month period, and advise ACN once the sessions have been completed. ACN will then provide participants with a certificate recognising their contribution to the initiative.

*Career Coaching* sessions are strictly confidential. Participants are expected not to disclose any confidential, sensitive or personal information shared during the sessions. Participants' contact details shall, under no circumstances, be distributed to third parties without prior agreement.

Participants are expected to behave and communicate in a respectful and professional manner at all times and conduct coaching sessions in professional settings.

## Evaluation

All participants will be asked to provide feedback following the delivery of the *Career Coaching* sessions to allow ACN to continuously improve the initiative and provide maximum value to all participants.

## Waiver of liability

ACN accepts no liability for advice given within any *Career Coaching* sessions. Views represented by participants may not reflect the views of ACN.

## Further information

For further information please contact ACN Membership on 1800 061 660

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