

# Early Breast Cancer Nursing Practicum Learning Objectives

## Summary

The BCI Early Breast Practicum provides participants with the opportunity to develop their clinical skills in the area of breast cancer nursing.

The week-long course aims to demonstrate the journey of a BCI patient, from diagnosis, throughout treatment, and survivorship in a unique setting in which Breast Screen NSW and specialized breast cancer MDT function concurrently.

Currently, the Early Breast Cancer Practicum runs three times annually and is targeted towards nurses who work in a cancer or breast cancer setting and wish to consolidate their knowledge of early breast cancer treatment and the role of the breast cancer nurse. The practicum is also appropriate for nurses who wish to explore the BCI model of care in a hands-on setting.

The practicum consists of immersive learning activities, as well as lectures from BCI and Westmead Clinicians – see sample timetable below. Participants are invited to analyze their own skills and knowledge, and through reflective practice integrate their experiences from the practicum into their own workplaces.

It is also an opportunity to connect with breast care nurses Australia-wide and to share resources. To allow participants to be fully engaged in BCI activities and clinics, the course is run in small groups of up to 5.

**IMPORTANT** Please note this is a sample timetable from previous practicums. All practicum timetables are subject to change without notice.

Mon	Tues	Wed	Thurs	Fri
7:30–8:30 Tumour Board	7:30–8:30 <u>Breast Reconstruction</u> Dr Bishoy Soliman	7:45 – 8:15 <u>Er +ve Disease</u> Dr Phung Dinh	Group 1 + 2 <u>THEATRES</u> w. Dr Elder and Dr Meybodi	MDT CLINIC and MDT MEETING
8:30–9:15 <u>Welcome</u> CNE	8:30–9:15 <u>Diagnosis &amp; Radiology</u> Dr Susan Grayson	8:30 – 9:15 <u>Lipofilling</u> A/Prof James French		
9:15 – 10:00 <u>Role of the BCN</u> CNC	<u>BSSW</u>  <u>RESULTS CLINIC</u> Dr Suellyn Kennedy	<b>MDT MEETING</b> 9:15 – 10am	<u>QIP w. CNE</u>	
10 – 11:00 <u>Pathology</u> A/Prof Nirmala Pathamanathan		10–12pm <u>RT Simulation, Planning &amp; Treatment</u>	10:15 – 10:45 <u>Management of RTx Reactions</u> RTx NUM	
<b>MDT</b>	11:30–12:15		10:45 – 11: 15	

MEETING 11-12:30	<u>Pain Management</u> Pain CNC	Radiation Therapist Educator	<u>Exercise + Shoulder Care</u> BCI Physio	
<b>LUNCH</b>				
1:30-2pm <u>Management of Axilla</u> A/Prof Jeremy Hsu	1-2pm <u>BreastScreen and imaging</u> Harj Bariana	1-2pm <u>BreastScreen Marketing</u> Sou Helmey	Group 3 + 4 <b><u>THEATRES</u></b> w. Dr Elder and Dr Meybodi	1 -2pm <u>Clinical Trials and Research</u> Masrura Kabir
2-3pm <u>Radiotherapy 101</u> A/Prof Kirsty Stuart	2-3pm <u>NACT</u> Dr Sanjeev Kumar	2-3pm <u>Genetics</u> Michelle Bowman	Group 1 + 2 <u>Workshop: nurse lead</u> <b><u>QIP w. CNE</u></b>	2pm - 3pm <u>Survivorship</u> Dr Meagan Brennan
3-4pm <u>Breast Surgery + complications</u> A/Prof Farid Meybodi	3-4pm <u>Oncological Emergencies and Care Coordination</u> Metastatic CNC	3-4pm <u>Fertility Preservation</u> Linda Robinson Fertility NUM	2:45 - 3:30pm <u>Psychological issues after breast cancer</u> Psychologist	3 - 3:15 <u>Questions and evaluation</u>
		4-5pm <u>Triple Assessment</u> Dr Suellyn Kennedy	3:30 -4: 30 <u>High risk Management Clinic</u> Genetic CNC	3:15 <u>Certificate Presentation &amp; Afternoon Tea</u>
		Early Dinner @ Ceramic Cafe		

## Learning Objectives

1. Confidently discuss contemporary evidence, recommendations, and current practice guidelines and models of care in the treatment of early breast cancer including:
  - pathology
  - surgery (incl. reconstruction).
  - radiation oncology
  - medical oncology.
  - Complementary therapies
  - Wellbeing and overall health
2. Appraise strategies and resources to engage in person-centered and holistic care that is specific to the needs of breast cancer patients from diagnosis and throughout survivorship. This includes strategies to engage in care that is culturally and ethically appropriate.
3. Identify the value of Patient Reported Outcome Measures in guiding and facilitating patient care that is person-centered.
4. Deliberate on the significance of a multi-disciplinary approach to breast cancer care and examine effective multi-disciplinary team dynamics and the role of the Breast Care Nurse within it.
5. Illustrate in-depth knowledge of the role of the Breast Care Nurse in service provision, including evidence-based strategies and techniques of care-coordination and clinical and supportive care.
6. Implement strategies and techniques for educating clients, patients, and their families with the overall goal of optimizing health outcomes.
7. Critically reflect on Breast Care Nurses' role in empowering patients with breast cancer to self-manage and integrate self-management techniques in patient interactions. Critically examine how self-management improves patient's experiences of survivorship.
8. Examine own performance in meeting current standards and models of care for breast care nurses. Critiques and analyses potential areas for own improvement, as well as own place of work, within the broader context of breast cancer care.

## Specialist Breast Nursing Competency Standards 2005

Domain	Competency Standard	Competency Elements	Practicum Learning Objective
Supportive Care	Engages in practice that demonstrates the application of advanced knowledge and skills about breast cancer and its impact to promote optimal physical and psychological, social, sexual, and spiritual outcomes for clients across the continuum of breast cancer care.	1.1 Identifies, validates and prioritizes potential and actual physical, psychological, social, sexual and spiritual health and support needs of clients across the continuum of breast cancer.	1, 2, 4
		1.2 Develops collaborative therapeutic relationships with clients and their families/significant others to anticipate and meet their multiple care needs across the continuum of breast cancer care.	2, 3, 4, 5, 6
		1.3 Demonstrates a high level of proficiency in integrating contemporary knowledge and evidence about breast cancer and its impact to effectively provide a range of supportive care.	1, 2, 4, 7, 8
Collaborative Care	Engages in practice that demonstrates the application of advanced knowledge and skills about breast cancer and its impact to promote optimal physical and psychological, social, sexual, and spiritual outcomes for clients across the continuum of breast cancer care.	2.1 Collaborates with the client receiving care, their family and/or significant others and other nurses and members of the health care team, to optimize health outcomes for clients with breast cancer.	2, 3, 4, 5, 6, 8
Coordinated Care	Demonstrates advanced knowledge and skill in facilitating a coordinated and efficient approach to the delivery of health and support services and care interventions that	3.1 Collaborates with the client receiving care, their family and/or significant others and other nurses and members of the health care team, to optimize health outcomes for clients with breast cancer.	2, 3, 5, 6

	are responsive to individual clinical and social circumstances across the continuum of		
<b>Information Provision and Education</b>	Demonstrates comprehensive and advanced knowledge and skills in using evidence-based approaches to providing information and education about breast cancer to clients and their family/ significant others about breast cancer treatments, the effects of breast cancer, and self-management strategies across the continuum of care.	4.1 Provides comprehensive and specialised information to assist clients and their family and/or significant others to achieve optimal health outcomes, reduce distress and make informed decisions about treatment options and supports available within the community	1, 2, 5
		4.2 Provides education to clients with breast cancer to enable clients to be active participants in their care and engage in self-management of health-related problems where appropriate to achieve optimal health outcomes across the continuum of breast cancer.	4, 6, 7
<b>Clinical Leadership</b>	Contributes to continuous improvements and the advancement of specialist breast nursing and breast cancer care	5.1 Contributes to continuous improvements and the advancement of specialist breast nursing and breast cancer care.	4, 7, 8
		5.2 Uses appropriate mechanisms for monitoring own performance and competence as a SBN	7, 8
		5.3 Recognizes the need for, and engages in, continuing professional development to ensure practices that incorporate best-available evidence and emerging developments in specialist breast nursing and breast cancer care.	7, 8
		5.4 Provides expert advice and mentorship to nursing colleagues and others involved in breast cancer care to promote optimal standards.	2, 3, 6, 7, 8
		5.5 Engages in and contributes to informed critique and influence at the professional and systems level of health care.	7, 8