

# Metastatic Breast Cancer Nursing Workshop Learning Objectives (online)

## Summary

The BCI Metastatic Breast Workshop provides Breast Care Nurses with the opportunity to develop their clinical knowledge in managing the clinical and psychosocial needs of the metastatic breast cancer patient. The two-day introductory course aims to provide foundational knowledge in the role of the metastatic breast care nurse, to holistically address the complex needs of the metastatic patient.

Participants are invited to analyse their own skills and knowledge, and through reflective practice integrate their experiences from the practicum into their own workplaces. It is also an opportunity to connect with breast care nurses Australia-wide and to share resources.

### Delivery

The workshop is delivered online and runs in small groups of up to 10. Currently the Metastatic Breast Cancer Practicum runs once a year.

## Learning Program and Content

The workshop consists of lectures from BCI clinicians across a range of topics specific to management of metastatic breast cancer, including but not limited to:

- Histopathological characteristics of metastatic breast cancer including principles of pathology and biomarker testing
- Systemic and local treatment modalities in metastatic disease:
  - a) chemotherapy and targeted therapy
  - b) radiotherapy
  - c) surgery
- Managing patient psychological distress
- Care coordination and the role of the metastatic nurse
- Principles of palliative care including symptom management
- Keeping well with metastatic disease
- Caring for the carer and self-care for BCNs caring for patients with metastatic breast cancer.

# Candidacy and Participant Attributes

The workshop is appropriate for nurses who satisfy at least **ONE** of the following criteria.

1. Are a breast care nurse and are new to metastatic breast cancer nursing
2. Attended the BCI Early Breast Cancer Nursing Practicum within 18 months
3. Are employed as an Early Breast Care Nurse, however their patient load includes metastatic cases.
4. Are employed as an Early Breast Care Nurse and are interested in working towards a metastatic role in the future.
5. Nurses who are interested in later completing the '**Metastatic Breast Care Nurse Education Program**' offered by Monash University and the McGrath Foundation.
6. Have previously successfully completed: '**Care Continuum and Survivorship in Breast Cancer Nursing – 328**' with the Australian College of Nursing.

## Sample Timetable – Metastatic Workshop 2022

**IMPORTANT:** Please note this is a sample timetable ONLY. All timetables are subject to change without notice.

Thursday 17 <sup>th</sup> November 2022	
8:00 – 8:30	<b>Welcome</b> Jenna Gardiner, CNE
8:30 – 9:30	<b>The Process of metastatic breast cancer</b> Prof. Nirmala Pathmanathan BCI Conference Room
9:30 – 10:30	<b>Role of the metastatic nurse in breast cancer</b> Zoe Johnson Metastatic CNC BCI Conference Room
<i>Morning Tea (20mins)</i>	
10:50 – 11:50	<b>Palliative Care for the Living</b> Felicia Michael, Palliative Care CNC Langland's Library
11:50 – 12:30	<b>Role of Complementary Medicine in Symptom Control</b> Dr Suzanne Grant, NCIM Senior Research Fellow Langland's Library <i>?? NCM</i>
<i>Lunch (45mins)</i>	
13:15 – 14:30	<b>Treatment for metastatic Her 2 -ve disease</b> Dr Jennifer Man, Medical Oncologist BCI Conference room - <i>Virtual</i>
14:30 – 15:15	<b>Psychological issues and strategies in supporting patients and families in advanced disease (Part 1).</b> Geaty Hamid, Clinical Psychologist BCI BCI conference room
<i>Afternoon Tea (15mins)</i>	
15:30 – 16:15	<b>Carer Support</b> Wendy Cain, Patient and Carer Experience Manager BCI Conference room

Friday 18 <sup>th</sup> November 2022	
8:00 – 9:00	<b>Metastatic Her 2 +ve disease and management of progressive disease – treatment decision making</b> Dr Phuong Dinh Langland's Library
9:00 – 9:30	<b>Psychological issues and strategies in supporting patients and families in advanced disease (Part 2).</b> Geaty Hamid, Clinical Psychologist BCI Langland's Library
9:30 – 10:15	<b>Symptom Management in advanced disease</b> Dr Katherine Allsopp Langland's Library
10:15 – 11:00	<b>Radiotherapy in advanced disease</b> Dr Tim Wang, BCI Radiation Oncologist Langland's Library
<i>Morning Tea (20mins)</i>	
11:20 – 12:20	<b>Research in Metastatic Treatment, discussions with new Metastatic Patients</b> Jenny Gilchrist, Nurse Practitioner BCI conference room - <i>Virtual</i>
12:20 – 13:00	<b>Managing Fungating disease</b> Carolyn Wilson-Veamatahau, Wound CNC BCI Conference Room
<i>Lunch (45mins)</i>	
13:45 – 14:30	<b>Support Resources</b> Penelope Murphy, Cancer Council Liason BCI conference room
14:30 – 15:15	<b>Surgical management of advanced disease – is there a role?</b> A/Prof Farid Meybodi BCI conference room
<b>Evaluation and Certificate Presentation</b> <i>Afternoon Tea</i>	